

### The Praises of the Saints – Part 3

Eph 1:4-14

~ Paul presents 10 reasons for which to praise the Lord.

1. – vs 4 – God has chosen “us in Him before the foundation of the world”
2. – vs 5 – God has “predestined us for adoption as sons through Jesus Christ.”
3. – vs 7 – God has ensured our “redemption through His blood” – that is Christ’s blood
4. – vs 7 – God has ..... forgiven us of “our trespasses.”
5. – vss 7-8 – God has lavished His grace on us.
6. – vs 9 – God has made “known to us the mystery of His will.”
7. – vs 10 – God ensures us that He will “unite all things in Him [Christ]”
8. – vs 11 – God has provided us with “an inheritance.”
9. – vs 13 – God has “sealed” us with the Holy Spirit.
10. – vs 14 – God has given us the Holy Spirit as “the guarantee of our inheritance.”